

Philosophy of Coaching

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Editor's Introduction

Welcome to the November 2023 issue of *Philosophy of Coaching*.

We have a small selection of very interesting papers and believe they will both challenge your thinking and inform your coaching practice in new ways.

In the first paper, Julian Humphreys explores neo-pragmatism, the wider philosophical tradition that can be connected to ICF's core competency model. The authors argue that a philosophy of coaching can help coaches go beyond behavioral competencies, enabling them to inhabit a place of 'grounded uncertainty'.

In the second paper, Nicola Patterson and Susan Rose, look into women's experience of senior leadership during midlife. The paper explores how developmental coaching can support women at this career stage.

Lastly, Clare Norman reviews the book *Creating the Reflective Habit: A Practical Guide for Coaches, Mentors and Leaders* by Michelle Lucas. The book encourages reflective practice that is habitual and creative, sharing a range of practical activities for the readers to discover.

We hope you enjoy this issue of the journal.

Happy reading!

Dr Ana Paula Nacif & Dr Andrea Giraldez-Hayes

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